

The Rules of Eligibility of the WIAA, Article VII – Health and Behavior – state the following:

A student may not practice for or participate in interscholastic athletics until the school has written evidence on file in its office attesting to:

1. Parental permission each school year including an acknowledgement of receiving the school athletic code,
2. Acknowledgement of receiving the WIAA Rules of Eligibility,
3. Athletic Emergency Form,
4. Current physical fitness to participate in sports.

a. A pre-participation physical fitness form attesting to current physical fitness to participate in sports as determined by a licensed physician, Physician's Assistant (PA) or Advanced Practice Nurse Prescriber (APNP) no less than every other school year with April 1 the earliest date of examination (chiropractors are not accepted). School policy determines when an athlete may return to competition following an injury, except where rule book or WIAA tournament policies apply.

b. Physical examination taken April 1 and thereafter is valid for the following two school years; physical examination taken before April 1 is valid only for the remainder of that school year and following school year. In the year when an examination is not required, an Alternate Year Athletic Permit Card must be signed by a parent or guardian and be on file.

Note: It is recommended that a student also have dental fitness attested by a licensed dentist.